

Job Description – MB/NC

Job Description:	Therapeutic Support Worker
Reporting to:	Mrs H (Mother), Maggie Sargent (case manager) and Nicola Cale (assistant case manager).
Job Summary:	To work alongside MB in a facilitative role, enabling him to live independently and fostering his integration into the community, supporting his day-to-day needs and resourcing suitable local facilities for social and educational needs.

Key Working Relationships

- A. Develop a rapport with MB and maintain a constructive and objective relationship with him.
- B. Become acquainted with MB's extended family, appreciating their roles in MB's support network.
- C. Communicate with case manager as to any matters of concern.
- D. Liase with other support workers and relevant professionals and/or organisations when necessary.

Key Tasks

- 1. To follow care and rehabilitation approaches being aware of MB's mental and physical limitations and promoting MB's well-being, comfort, and safety at all times.
- 2. To work with MB in providing and following plans and structure for the week.
- 3. To enable MB to maintain and develop his social life and leisure activities including his established circle of friends and new friendships.
- 4. To support MB in the maintenance of his role in the family.

5. To communicate with family members and relevant professionals as necessary.
6. To support MB in the use of communication aids and speech.
7. To communicate with and support other support workers in the team, taking responsibility for the completion of the daily on shift administration and paperwork necessary in this post.

Main Duties and Responsibilities

- 1.1 Ensure awareness of the repercussion and problems caused by MB's brain injury and diabetes.
- 1.2 Allow MB a freedom of choice within a safe parameter; guide MB in such a way as to enable him to make his own decisions.
- 1.3 Maintain a positive yet realistic approach to MB offering support and encouragement when needed.
- 1.4 Be aware of exercises and techniques recommended by therapists working with MB and establish a routine in daily life with MB using these.

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- 2.1 Assist MB to plan activities and routines using memory aids, e.g. diary, whiteboards, so all involved are aware and MB is able to remind himself.

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- 3.1 Be prepared to drive/escort MB to activities as needed.
- 3.2 Encourage MB to participate in activities and take part yourself when appropriate.
- 3.3 Investigate local resources and establish communication networks to find appropriate activities to undertake with MB.

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- 4.1 Respect the need for confidentiality when possessing knowledge of a private and personal nature concerning MB and his family.
- 4.2 Maintain a professional and warm relationship with MB's family, not becoming personally involved in affairs and reporting matters of concern to the case manager.
- 4.3 Communicate with professionals and organisations on MB's behalf if he feels unable to do so; however, encourage MB's independence in this sphere.
- 4.4 When unsure of appropriate action to take, contact MB's Mother and the case manager for advice.

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- 5.1 Communicate with and support other support workers in the team through handovers, team meetings, use of the diary etc.
- 5.2 Maintain a diary of appointments etc.
- 5.3 Maintain a telephone book of contact names and addresses, e.g. GP, case manager, clubs, relatives and friends. Post Codes to be saved for use in the Sat Nav.
- 5.4 Use established recording systems and assist in developing the same to ensure good documentation and handover of relevant details to others.

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Signed
(Support worker)

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