

JOB DESCRIPTION (LH/DD)

Job Description: Support Worker

Responsible To: Case Manager

Job Summary: A bright, energetic and motivated person with a robust personality required to work with our client in a rehabilitation and support role. You should be quick and free thinking, enabling her to lead a life that is fulfilling and meaningful. Maximising her physical and psychological well-being and promoting her safety at all times. Giving help and assistance with all activities of daily living. (Refer to risk assessment document). To build, develop and nurture a therapeutic relationship with her to support her through the next phase of her life and transition into independent living.

Personal profile / Requirements: A genuine and caring profile with ability to learn and implement prescribed therapy, following training and guidance in regard to competence and confidence. The applicant should have a great sense of humour, have a fun bubbly personality and be able to have 'banter' with our client. Supporting her with activities that bring her joy and pleasure. Previous experience in a support worker role is essential and a working knowledge of IT to ensure clear and concise recording and documentation is completed.

The applicant must hold a full driving licence and be confident to drive on motorways as required.

Key Goals:

- (1) To work on a physiotherapy programme under the Supervision and guidance of a neuro physiotherapist to include hydrotherapy and 'relaxation therapy' in the water. Referring to physio programme and goals.
- (2) To work on an occupational therapy programme under the guidance of the occupational therapist, to increase both physical and psychological functional ability and using appropriate aids and equipment.
- (3) To work on speech and communication under the supervision of a speech therapist and encourage confidence in all communication. Follow instructions regarding our client's ability combined with the therapeutic needs of positioning and postural management. Promote opportunity for communication. To work with the SLT to develop sensory oro-motor skills for safe eating and drinking. To ensure safe eating and drinking management by following

safe eating and drinking guidelines. Referring to SLT programme, goals and guidelines.

- (4) Generally, to work on an active programme of support to include a range of activities. To support recommendations made by the treating therapists and wider management team.
- (5) To escort to appointments, therapy sessions and for outings. It is a requirement that you are able to drive and hold a valid licence at all times.
- (6) To help and support our client to maintain contact with her family, both at her home and in the community. Support workers to develop good therapeutic working relationships with our client's family, whilst maintaining her emotional wellbeing and her safety at all times. Support staff to maintain records in regard to family contact and to report any difficulties immediately. Respecting the need for confidentiality when she or her family speak/communicate on matters of a private and personal nature.
- (7) Enable her to make choices and decisions wherever and whenever possible. Providing emotional support to empower her to make informed choices in all areas of her life
- (8) To source, research and support our client to discover opportunities and activities that may interest her
- (9) Support her to develop a community presence and source opportunities to develop peer relationships and maintain existing friendships.
- (10) Read and keep updated with all policies and procedures

Aids to Daily Living

Enable our client to engage in activities of daily living. Including but not limited to:

- i) Keeping her room clean and tidy.
- ii) washing and ironing to be kept up together.
- iii) She should always be well presented and cleanly dressed, well groomed, hair and nails trimmed, assisting with all personal care.
- iv) Take her shopping, for walks and drives, family visits, outings etc.
- v) Support therapeutically with all aspects of daily living

Liaison:

All carers must attend meetings with the case manager and therapists, these meetings will be held not more frequently than monthly. However it may be necessary to call a meeting earlier when you will be expected to make all reasonable arrangements to attend. You will receive payment for attending meetings or trainings sessions if not on duty at the time.

A range of goals maybe set at each therapy meeting, and these are to be carefully maintained by the support workers and written records to be kept.

Part of your role is to carry out any reasonable request.

Please acknowledge that you have received the Support Worker Job Description outlining the responsibilities of a Support Worker which will be discussed in more detail as part of your training.

Signed

Date