

## **JOB DESCRIPTION - SUPPORT WORKER (CH/DJ)**

### About the client

Our client is bubbly young woman with an acquired brain injury. She requires support and assistance to develop her interests, participate with activities, and to enhance her opportunities in the community.

She is experiencing difficulty with poor memory, concentration, unstable moods and frustration.

### Care regime

Our client requires a support worker to work with her in a rehabilitation role, enabling and assisting her to lead as fulfilling a life as possible maximising and promoting her independence safely.

The client requires assistance with personal care, increasing her skills for independence, building activities and attending the gym.

A skilled support worker is required to build a relationship with her and support with a rehabilitation programme of activities.

A Support worker/buddy is required to work Mondays 10-18.00 and Wednesdays 10-18.00

Additional hours may be available to cover holidays for support provided on other days.

A case manager is in place and responsible for the care regime, working alongside the client to supervise the support worker.

### The responsibilities of the Support Worker

- To promote the client's health, well-being and happiness.
- To assist the client with personal care promoting and encouraging independence.
- To support the client with domestic chores, meal preparation, shopping and working with her cooperatively and promoting her independence.
- To work with the case manager and client to promote an active programme of support including a range of activities.
  
- To support recommendations made by the occupational therapist and incorporate into daily routine.
- To work with a rehabilitation team and professionals under the direction of the case manager and to set goals.
- To encourage and facilitate communication with professionals.

- To provide stimulation and appropriate activities/social interaction.
- To accompany the client as required to various appointments and activities, which may include driving, and use of the client's vehicle or own vehicle (subject to satisfactory insurance and assessment of competency).
- To follow the support programme as agreed with the client and overseen by the case manager.
- To advise the case manager of any concerns regarding her physical and psychological health.
- To use initiative when unforeseen events occur and the family are not directly available to provide guidance.
- To work alongside the client and encourage positive relationships and integration.
- To ensure good communication and a consistent approach to the client's care.
- To attend meetings and training sessions as requested.
- To make a daily report following each duty regarding the client's welfare.
- To liaise with the case manager for annual leave requests and alerting the employer of sickness that will prevent them working.
- To liaise with the case manager about general progress and regarding all incidents that are either unusual or which give rise for concern.
- To respect the privacy of the client and her family. All matters relating to the client's situation and family are to be treated as confidential and are not to be disclosed to a third party.

To undertake any other activity commensurate with the client's needs as directed by the case manager.

### **No Smoking Policy**

A no smoking policy is strictly in place for the purpose of the employment.

**Person specification**

**Essential Criteria**

- Demonstrate a high quality of verbal and written communication skills.
- Must have experience of working with clients with brain injury.
- Evidence of enabling skills and ability to encourage independence.
- Must have a positive attitude and be flexible.
- Must have a good sense of humour.
- Must demonstrate ability to work confidently alone and a high level of mental and physical stamina.
- Must demonstrate a high level of organisational and administrative skills
- A clean current driving licence.

**Desirable**

- Previous experience of working with clients who have a brain injury
- Previous experience of working one-to-one in a client's home/community setting or educational role.
- Previous experience of rehabilitation and working with therapists.

This is by no means an exhaustive list and there are other areas, which will become apparent as time goes by.

Please acknowledge that you have received the Support Worker Job Description outlining the responsibilities of a Support Worker which will be discussed in more detail as part of your training.

Signed

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Date

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